



Worship Resources

Theme Prayer

Week 11 Balanced Prayer

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PRAYERS



Opening Prayer (Collect)

Lord Jesus Christ,
you help us discover that your Father is our Father,
and that we can trust him for our daily needs.
May his Kingdom come, and his will be done
in every part of our daily lives,
on earth, as it is in heaven. Amen

Closing Prayer (Post Communion)

Heavenly Father
Our meal together is simple and sacred;
a sign of the heavenly banquet already prepared for us.
Your name is hallowed;
and enables us to experience new holiness.
Help us to live this life each day,
and enable others to be aware of your presence and
promises. Amen

BIBLE



Exodus 33.7–11
Matthew 6.5–15

NOTICES



We identify the five priorities of Jesus as:

People...Teaching... Team Building... Prayer... Prophetic Challenge

We are in the second week of the theme of 'Prayer'. Last week we looked at how Jesus teaches us to make time for prayer and to wait on God. This week we look at the content of our prayers through the theme of 'balanced prayer'. The disciples said to Jesus 'Lord teach us how to pray' (Luke 11.1), and he gave them the words of what we now know as the Lord's Prayer.

The words of this prayer appear twice in the gospels, in Luke and in Matthew, in a slightly different form, as part of the famous 'Sermon on the Mount.' The advice Jesus gave to them probably sprang out of his own daily prayer experience. He was looking for the disciples to learn from his own experience of prayer and model their own spiritual life on it. It is therefore very good spiritual practice to look at the Lord's Prayer in detail.

The following questions could be helpful:

- ▶ In the Lord's Prayer did Jesus give us 'words to say' or a 'pattern to follow'?
- ▶ How can we be balanced in our prayers focusing both on God and his people?
- ▶ How can we keep the Lord's Prayer fresh and relevant?